

Activity



“And the multitudes that went before, and that followed, cried, saying, Hosanna to the Son of David: Blessed is he that cometh in the name of the Lord; Hosanna in the highest.” MATTHEW 21:9

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Introduction

Power of fasting?

The power of fasting as it relates to prayer is the spiritual atomic bomb that our Lord has given us to destroy the strongholds of evil and usher in a great revival and spiritual harvest around the world.

How many days is Great Lent?

Lent starts with a preparation Lent fast of one week + followed by a 40 day fast commemorating Christ's fasting on the mountain + followed by the holy week of the Coptic calendar called Pascha = 55 days. Lent climaxes with Good Friday and ends with Easter.

So therefore Great Lent is **55** days.



Great lent has the following weeks

- Week 0: Pre-lent
- Week 1: Treasures in Heaven
- Week 2: Temptation Sunday
- Week 3: The Prodigal Son
- Week 4: The Samaritan Woman
- Week 5: The Paralyzed Man
- Week 6: The Man Born Blind
- Week 7: Palm Sunday

Questions

1. "Now when they drew near to Jerusalem, and came to Bethphage, at the Mount of Olives, then Jesus sent two disciples, saying to them, 'Go into the village opposite you, and immediately you will find a **(ROPE, DONKEY)** tied, and a colt with her. Loose them and bring them to Me.' " **MATTHEW 21:1-2**
2. "And if anyone says anything to you, you shall say, 'The Lord has need of them,' and immediately he will send them." **MATTHEW 21:3**
TRUE OR FALSE
3. "They brought the donkey and the colt, laid their **(SADDLES, CLOTHES)** on them, and set Him on them." **MATTHEW 21:7**
4. "So the multitudes said, 'This is Jesus, the prophet from Nazareth of Galilee.' " **MATTHEW 21:11**
TRUE OR FALSE
5. "Then the multitudes who went before and those who followed cried out, saying: '_____ to the Son of David! "Blessed is He who comes in the name of the LORD!" _____ in the highest!' " **MATTHEW 21:9**

Memorization – Psalm 80

"Give ear, O Shepherd of Israel, You who lead Joseph like a flock; You who dwell between the cherubim, shine forth! Before Ephraim, Benjamin, and Manasseh, stir up Your strength, and come and save us! Restore us, O God; cause Your face to shine, and we shall be saved!

Week 7 - Palm Sunday (The Joy in Christ Our King)



With the gospel reading of Palm Sunday (**Matthew 21:1-17, Mark 11:1-11, Luke 19:29-48, John 12:12-19**), we are happy because Christ the King goes into our hearts to rule over them. We carry the branches of the palm tree and go out to meet Him chanting, "Hosanna! Bless is He Who comes in the name of the Lord" (John 12:13). Let us pray that during Holy Lent our Lord may grant us a joyful journey and help us live with Him through His journey of love during His Passion. May our Lord grant us victory with Him, through His glorious resurrection, so that in the end, after we have complete our earthly journey, in this world, we may be worthy to sit with Him in the heavenly places.

HAPPY TRIP WITH JESUS CHRIST



R: Happy trip with Jesus Christ, Along for seven weeks. Enjoying the great lent, fasting but not weak. (2)

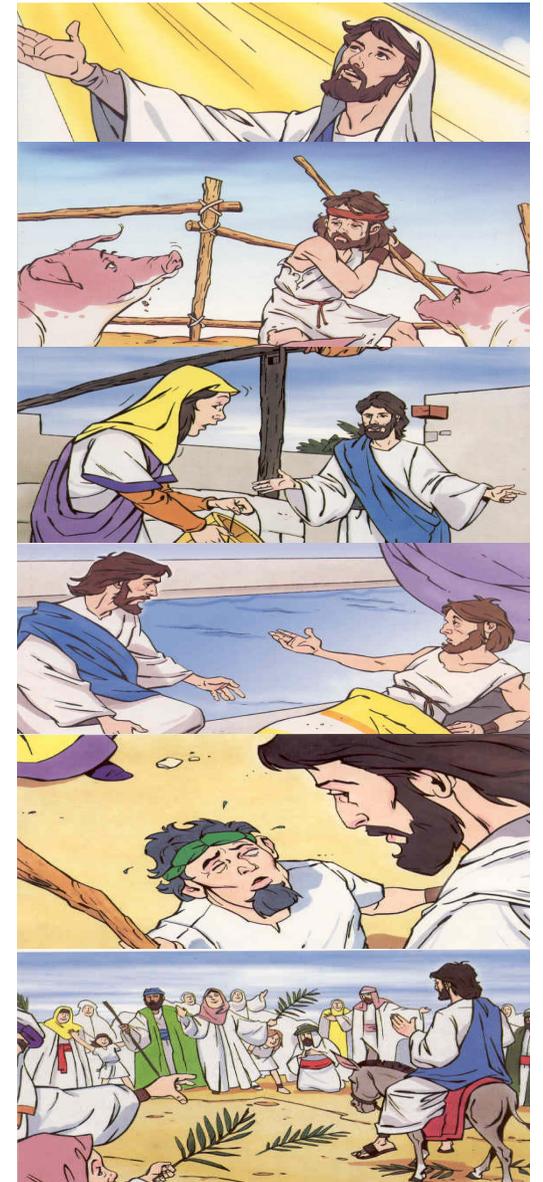
1. First week with God's kingdom, is the goal we're looking for. Second week fighting the devil, as Lord Jesus did before. Third week with the prodigal son: "Father I've sinned before You."

2. Fourth with the Samaritan woman, who hurried and told her kin: "Come to see a great prophet, who knew my life ... Everything! When I came to Jacob's well, Jesus cleansed me from my sin."

3. The fifth with the paralyzed man, thirty-eight years on illness bed. The Son of God said to him: "From your illness, you are rid." At once the man became well, and the great miracle happened.

4. Sixth week with the man born blind, Jesus gave him back his sight. A great happiness filled his heart, when he saw the sun so bright. He worshiped the King of Light, in everywhere he praised His Might.

5. The seventh is Palm Sunday, we rejoice and sing with joy. Receiving the King of Peace, with the multitude we say: "Hossana ep-shiri en David, Jesus help us through Your way."



The following booklet will tell you more about the journey we are about to take and what each week means for us and what we should do.

Great Lent occupies a special place in our spiritual life and liturgical cycle.

This joyful journey has certain landmarks and it is through our liturgical worship during this period that our Holy Church presents to us these landmarks. Together, we shall see how this journey allows us to experience joy, using the gospel reading of the Sunday Divine Liturgies as a guide for the important landmarks of this journey.

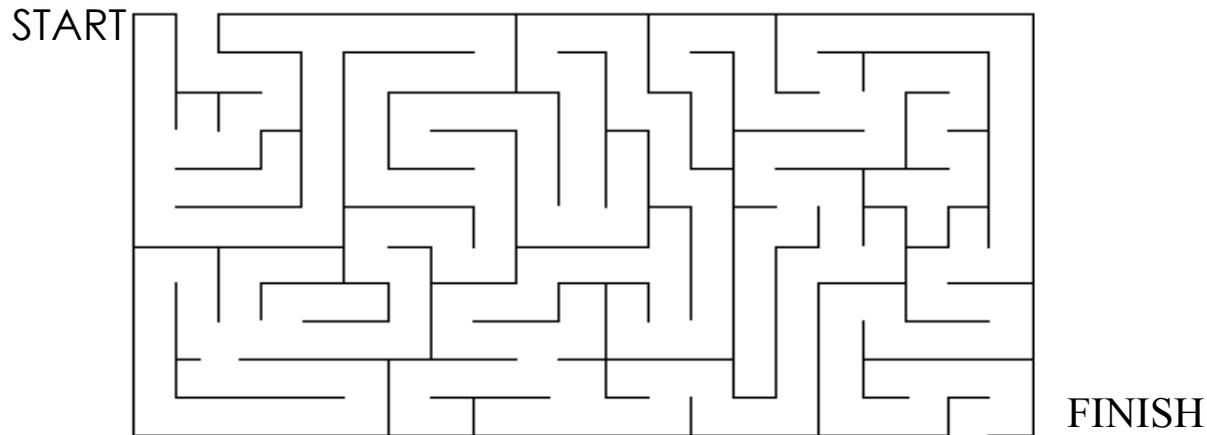
Activity



"Jesus anoints the blind man's eyes with clay."
John 9:6

Questions

1. Now as Jesus passed by, He saw a man who was deaf from birth. **JOHN 9:1**
TRUE OR FALSE
2. "And His disciples asked Him, saying, 'Rabbi, who sinned, this man or his parents, that he was born blind?' " **JOHN 9:2** **TRUE OR FALSE**
3. "Jesus answered, 'Neither this man nor his parents sinned, but that the works of God should be (**HIDDEN, REVEALED**) in him.' " **JOHN 9:3**
4. "He answered and said, 'Who is He, Lord, that I may believe in Him?' And Jesus said to him, 'You have both (**SEEN, MOCKED**) Him and it is He who is (**TALKING, WALKING**) with you.' " **JOHN 9:36-37**
5. "Then he said, 'Lord, I believe!' And he worshiped Him." **JOHN 9:38**
TRUE OR FALSE

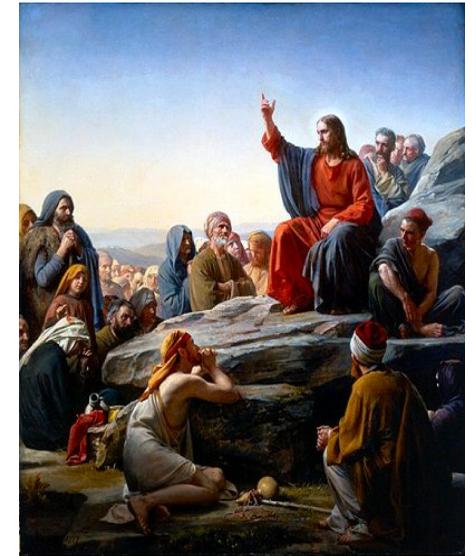


Memorization – Psalm 89

" I will sing of the mercies of the LORD forever; with my mouth will I make known Your faithfulness to all generations. For I have said, 'Mercy shall be built up forever; Your faithfulness You shall establish in the very heavens.' ...And the heavens will praise Your wonders, O LORD; Your faithfulness also in the assembly of the saints.

Week 0 – Pre-lent (Preparing for the Joyous Journey)

The gospel reading of the Preparatory Sunday is from the Sermon on the Mount (**Matt. 6:1-18**), which talks about praying to God. Our Lord Jesus Christ reminds us that our prayer or fasting, is only for God and not to show off in front of our friends. When He talks about fasting, our Lord tells us to always to be happy and smile always. (Matthew 6:16-18).



Questions

1. What does the word "heed" in (Matthew 6:1) mean? _____
2. What does the word "reward" in (Matthew 6:1) mean? _____
3. What does the word "charitable" in (Matthew 6:2) mean? _____
4. Should we do charitable deeds in front of people? (A) Yes (B) No
5. When we do a charitable deed we should sound a trumpet? (A) Yes (B) No
6. But you, when you _____, go into your _____, and when you have shut your _____, _____ to your Father who is in the secret place, and your _____ who sees in _____ will _____ you _____. (Matthew 6: ____ - ____).
7. In Matthew 6:1-18 the word "deed" is repeated how many times? _____
8. In Matthew 6:1-18 the word "charitable" is repeated how many times? _____
9. In Matthew 6:1-18 the word "pray" is repeated how many times? _____
10. Give verses in chapter 6:1-18 that teach us the following:
 - a) Charitable deeds _____
 - b) How to pray _____

Activity



"But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly." **(Matthew 6:6)**

Week 6 - The Man Born Blind (The Joy of Illuminations)



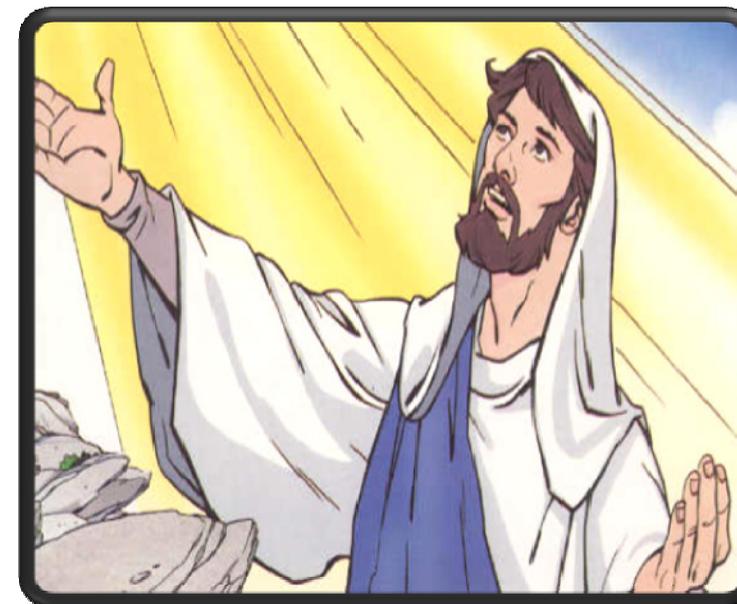
The gospel reading of the sixth week of Lent (**John 9:1-41**) is about a man who was Blind and Christ healed him. Christ said that "Neither this man nor his parents sinned, but that the works of God should be revealed in him" (John 9:3). Christ gave him spiritual sight. (John 9:35-37).

Activity



“Jesus said to him, 'Rise, take up your bed and walk.' And immediately the man was made well, took up his bed, and walked..." JOHN 5:8-9

Week 1 - Treasures in Heaven (Where do We Go?)



The gospel reading of the first Sunday of Lent (**Matthew 6:19-33**) gives us the direction of the trip. Our Lord Jesus Christ tells us, “But seek the Kingdom of God and His righteousness, and all these things shall be added to you” (Matthew 6:33). The Kingdom of God means that Christ rules over us and that we have communion with Him. So we should always listen when the gospel is being read as it is the word of God and not run in church as it is the house of the saints (Luke 10:41).

Questions

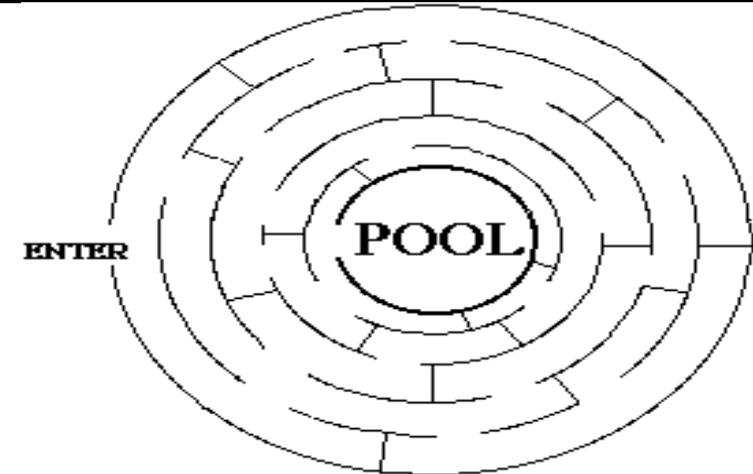
1. What does the word "treasure" mean in (Matthew 6:19) mean? _____
2. What does the word "moth and rust" in (Matthew 6:19) mean? _____
3. What does the word "mammon" in (Matthew 6:24) mean? _____
4. Should I worry about life, what will I eat and drink? (A) Yes (B) No
5. Our heavenly Father knows all that we need, but we should first seek the kingdom of God and his righteousness, and all things shall be added unto us? (A) Yes (B) No
6. "But seek _____ the Kingdom of God and His righteousness, and all these things shall be _____ to you. Therefore do not _____ about _____, for _____ will _____ about its own things. Sufficient for the day is its own trouble." (Matthew 6:_____ - _____).
7. In Matthew 6:19-33 the word "treasure" is repeated how many times? _____
8. In Matthew 6:19-33 the word "worry" is repeated how many times? _____
9. In Matthew 6:19-33 the word "kingdom" is repeated how many times? _____
10. Give verses in chapter 6:19-33 that teach us the following:
 - a) Lay up treasures in heaven _____
 - b) Do not to worry _____

Memorization - Psalm 133 from Compline Prayer

Behold; bless the LORD, all you servants of the LORD, who by night stand in the house of the LORD! Lift up your hands in the sanctuary, and bless the LORD. The LORD who made heaven and earth bless you from Zion. Alleluia.

Questions

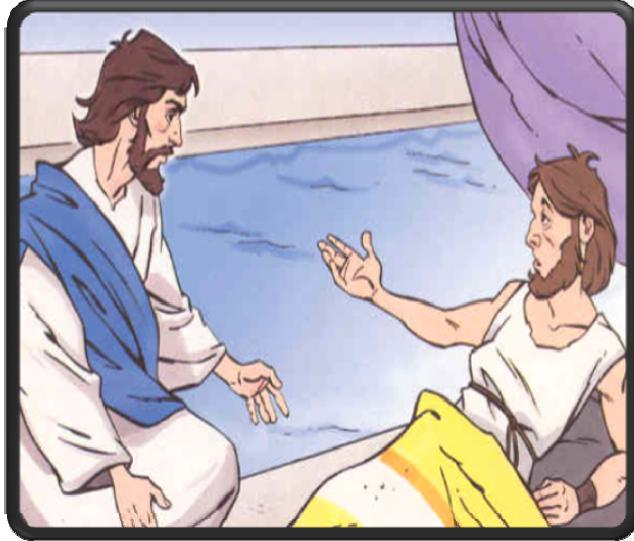
1. "After this there was a feast of the Jews, and (**JESUS, HEROD**) went up to Jerusalem." **JOHN 5:1**
2. "Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five (**WINDOWS, PORCHES**)." **JOHN 5:2**
3. "For an _____ went down at a certain time into the pool and stirred up the water; then whoever stepped in _____, after the stirring of the water, was made well of whatever disease he had." **JOHN 5:4**
4. "Now a certain man was there who had an infirmity thirty-eight years." **JOHN 5:5**
TRUE OR FALSE
5. "When Jesus saw him lying there, and knew that he had already been in that condition a long time, He said to him, 'Do you want to be made well?' " **JOHN 5:6**
TRUE OR FALSE
6. Jesus said to him, "Rise, take up your bed and get into the water." **JOHN 5:8**
TRUE OR FALSE



Memorization – Psalm 46

"God is our refuge and strength, a very present help in trouble. Therefore we will not fear, even though the earth be removed, and though the mountains be carried into the midst of the sea. Though its waters roar and be troubled, though the mountains shake with its swelling.

Week 5 - The Paralyzed Man (The Joy of Complete Healing)



The gospel of the fifth Sunday is a about a man who could not move at Bethesda for 38 years (**John 5:1-18**). He said that he had “no man to put me into the pool when the water is stirred up” (John 5:7). Our Lord changed this man’s sorrow to joy. At a time when he was in need in finding someone to care about him our Lord went to him not by means of water of the pool, but by His word; He told him, “Rise, take up your bed and walk” (John 5:13).

Activity

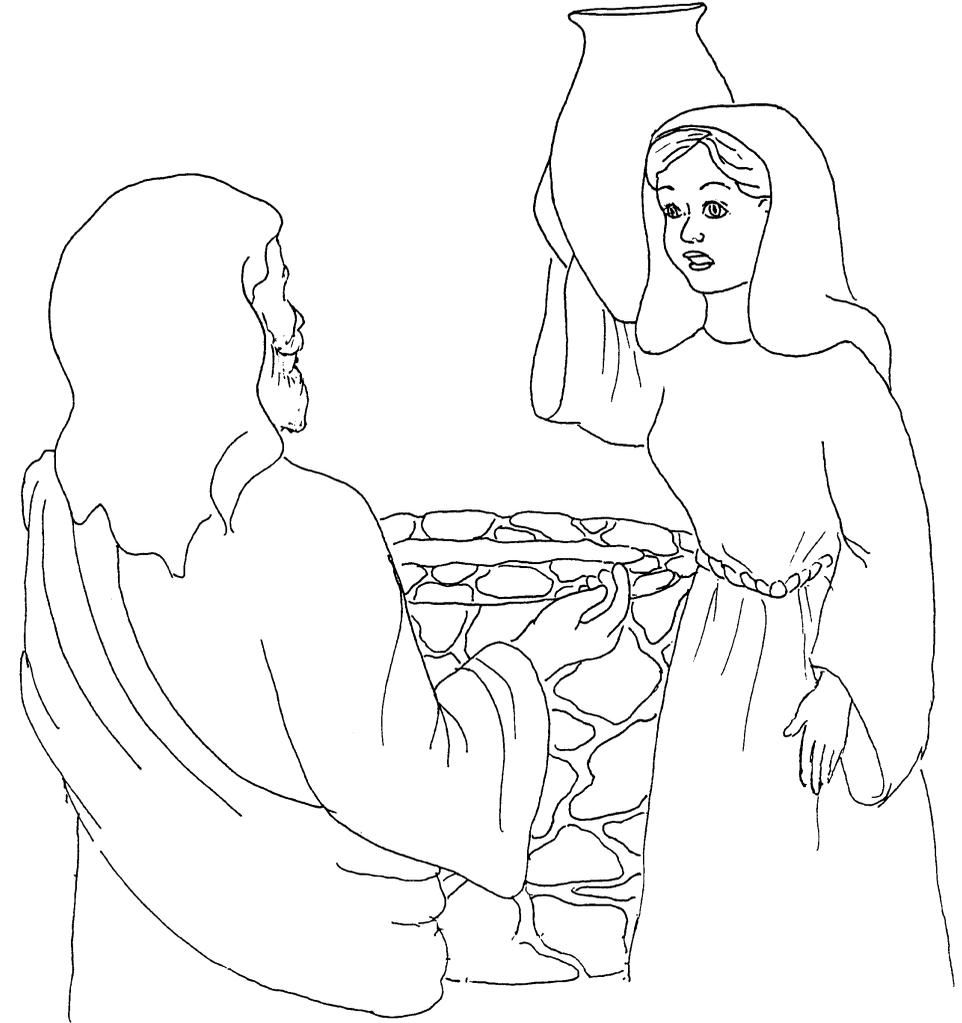


Week 2 - Temptation Sunday (The Joy of Victory over Satan)



The gospel reading of the second Sunday of Lent (**Matthew 4:1-13**) gives us the joy of victory over Satan. For our sake and on our behalf, our Lord was victorious over Satan. The Church reminds us that the journey has many temptations, because Satan “walks about like a roaring lion, seeking whom he may devour” (1 Peter 5:8). Despite the difficulty of the trials, yet we are joyful, because our powerful God is stronger than the devil.

Activity

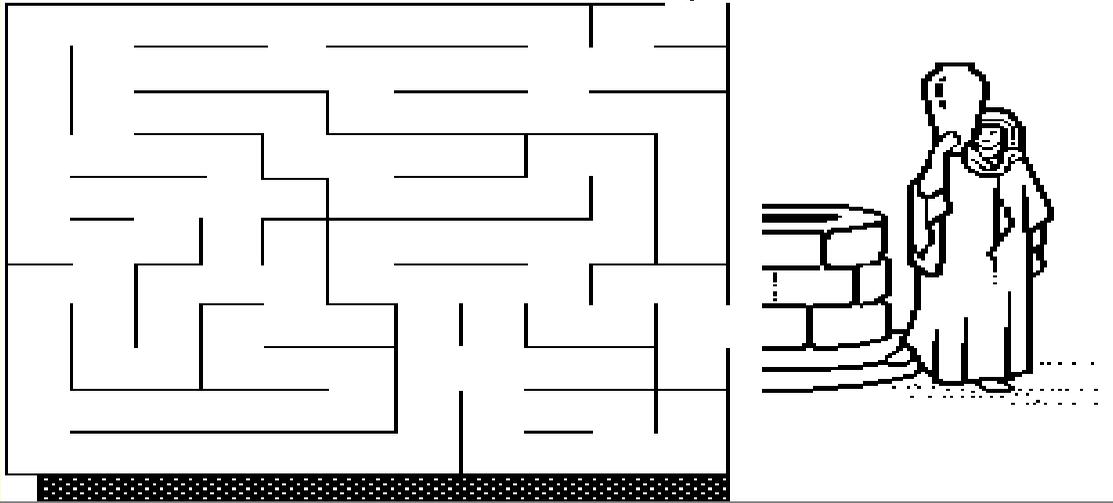


“Jesus tells the woman at the well, ‘Whoever drinks of this water will thirst again, but whoever drinks of the water that I shall give him will never thirst.’” John 4:1-42

Questions

1. "He left Judea and departed again to Africa. **JOHN 4:3 TRUE OR FALSE**
2. "But He needed to go through Samaria. So he came to a city of Samaria which is called Sychar, near the plot of ground that Jacob gave to his son Joseph."
JOHN 4:4-5 TRUE OR FALSE
3. "Now Jacob's (**HOUSE, WELL**) was there..." **JOHN 4:6**
4. "A woman of Samaria came to draw water. Jesus said to her, 'Give Me a (**BUCKET, DRINK**).'" **JOHN 4:7**
5. "Jesus answered and said to her, 'If you knew the _____ of God, and who it is who says to you, 'Give Me a drink,' you would have asked Him, and He would have given you _____.'" **JOHN 4:10**
6. "And many of the (**JEWS, SAMARITANS**) of that city believed in Him because of the word of the woman who testified, 'He told me all that I ever did.'" **JOHN 4:39**
7. Solve the following puzzle to help Jesus get to the Samaritan woman?

ENTER IN →



Memorization – Psalm 50

"...Purge me with hyssop and I shall be clean. Wash me and I shall be whiter than snow. Make me hear joy and gladness that the bones You have broken may rejoice. Hide Your face from my sins and blot out all my iniquities. Create in me a clean heart, O God and renew a right spirit within me."

Questions

1. What does the word "tempted" mean in (Matthew 4:1) mean? _____
2. What does the word "command" in (Matthew 4:3) mean? _____
3. What does the word "proceeds" in (Matthew 4:4) mean? _____
4. Jesus fast 50 days and 50 nights? (A) Yes (B) No
5. We should not tempt the Lord our God? (A) Yes (B) No
6. "But He answered and said, "It is _____, 'Man shall not _____ by bread _____, but every _____ that proceeds from the mouth of _____" (Matthew 4 :_____).
7. In Matthew 4:1-13 the word "word" is repeated how many times? _____
8. In Matthew 4:1-13 the word "wilderness" is repeated how many times? _____
9. In Matthew 4:1-13 the word "hungry" is repeated how many times? _____
10. Give verses in chapter 4:1-13 that teach us the following:
 - a) Do not tempt God _____
 - b) Jesus fasted _____
11. "Then Jesus was led up by the Spirit into the wilderness to be (**TEMPTED, FOUGHT**) by the devil." **MATTHEW 4:1**
12. "And when He had fasted forty days and forty nights, afterward He was (**HUNGRY, DIRTY**)."
MATTHEW 4:2

Memorization - Psalm 1 from Prime Prayer

Blessed is the man who walks not in the counsel of the ungodly, nor stands in the path of sinners, nor sits in the seat of the scornful; but his delight is in the law of the LORD, and in His law he meditates day and night. He shall be like a tree planted by the rivers of water that brings forth its fruit in its season, whose leaf also shall not wither; and whatever he does shall prosper.

The ungodly are not so, but are like the chaff which the wind drives away. Therefore the ungodly shall not stand in the judgment, nor sinners in the congregation of the righteous. For the LORD know the way of the righteous, but the way of the ungodly shall perish.
ALLELUIA.

Activity



“Man shall not live by bread alone, but by every word that proceeds from the mouth of God” Matthew 4:4

Week 4 - The Samaritan Woman (The Joy of those Rejected)

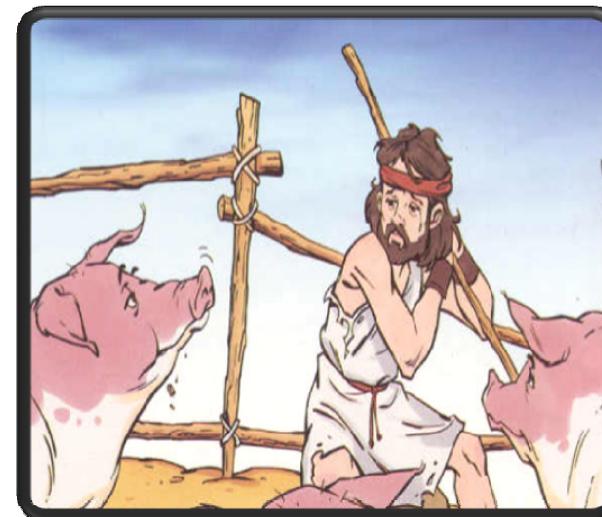


The gospel reading of the fourth Sunday of Holy Lent (**John 4:1-42**) tells us the joyful story of the Samaritan woman. The woman then left her water pot, went into the city, and said, ‘Come see a Man, who told me all things that I ever did’. Then they went out of the city and came to Him. Then they said to the woman, ‘Now we believe, not because of what you said, for we know that this is indeed the Christ, the Savior of the world!’” (John 4:40-42).



"Jesus told the parable of the prodigal son."
Luke 15:11-32

Week 3 - The Prodigal Son (The Joy of Repentance)



The gospel reading in the third Sunday of Lent (**Luke 15:11-32**) helps us feel the joy in heaven when we go back to God. Even if we wander away from our Heavenly Father, and even if we journey to a far country, yet we can look up to our Heavenly Father. The gospel tells us how the father received his returning son, "But when he was still a great way off, his father saw him and had compassion and ran and fell on his neck and kissed him... (Luke 15:20-24).

Questions

1. "And the younger of them said to his father, 'Father, give me the portion of goods that fall to me.' So he divided to them his livelihood." **LUKE 15:12 True OR False**
2. "But when he had spent (**SOME, ALL**), there arose a severe famine in that land, and he began to be in want." **LUKE 15:14**
3. "I will arise and go to my father, and will say to him, 'Father, I have sinned against heaven and before you, and I am no longer worthy to be called your (**SON, SWINE**). Make me like one of your hired servants.'" **LUKE 15:18-19**
4. "And he arose and came to his father. But when he was still a great way off, his father saw him and had compassion, and (**WALKED, RAN**) and fell on his neck and kissed him." **LUKE 15:20**
5. "But the father said to his servants, 'Bring out the best robe and put it on him, and put a ring on his hand and sandals on his feet. And bring the fatted calf here and kill it, and let us eat and be merry; for this my son was _____ and is _____ again; he was lost and is found.'..." **LUKE 15:22-24**

Memorization – Psalm 13

"How long, O LORD? Will You forget me forever? How long will You hide Your face from me? How long shall I take counsel in my soul, having sorrow in my heart daily? How long will my enemy be exalted over me? Consider and hear me, O LORD my God; enlighten my eyes, lest I sleep the sleep of death..."

Activity

FIND THE WORDS OF THE VERSE BELOW IN THE PUZZLE ABOVE

"For this my son was dead and is alive again; he was lost and is found."

LUKE 15:24

C	H	O	K	C	H	M	E	W	F	H	U	E	U	W
P	Y	B	Y	Z	Q	I	Z	B	A	U	P	Z	A	W
Q	O	Y	A	R	U	O	S	Y	B	S	W	S	D	Y
B	F	N	B	D	D	A	E	D	R	Y	C	A	W	Z
V	D	D	Z	N	W	B	Q	L	B	J	P	N	E	U
L	G	S	M	Y	I	K	V	N	E	N	R	D	E	G
I	Q	I	U	Y	F	A	L	D	F	O	R	L	B	F
J	C	H	F	Q	U	E	G	C	W	D	O	I	D	Y
C	F	T	J	Q	M	Y	S	A	G	S	F	I	V	I
J	C	G	S	H	N	E	R	V	T	F	O	U	N	D
I	S	I	U	E	H	V	S	O	F	Y	M	D	N	F
N	J	C	B	F	V	I	B	S	Z	I	E	Z	P	B
H	O	B	K	O	S	L	B	K	A	B	T	P	Y	L
L	K	S	B	I	L	A	Z	L	N	L	L	Z	G	A
Q	V	E	D	H	B	T	F	D	S	O	M	V	N	E